



presented by



Kamehameha Schools®

# SUNDAY, NOV 19, 2023 6:45 AM • ≈4 MILES

The Kaiwi Coast Run & Walk is a community oriented journey along the famous Kaiwi Coast scenic highway! The event begins at 6:45 a.m. with sunrise over the Kaiwi Channel, a Hawaiian oli (chant) and the blowing of the pu (conch shell horn). The course starts at Awawamalu (known as Sandy Beach), continues around the Kaiwi coastline, passing Halona and Hanauma Bay, and finishes at the Hui Nalu Canoe Club on the shores of Maunalua Bay.

## RACE DETAILS

### LIMITED TO THE FIRST 3,000 ENTRIES

Participants receive a souvenir miniature glass fishing float and an event t-shirt. T-Shirt size not guaranteed. Shuttle service provided from the Hawaii Kai Park & Ride to the start line, 4:45-5:45 a.m.

### AWARDS DIVISIONS

Top 3 overall men & women and five-year age divisions from 10 and under through 85+.

### DOGS, LOGO WEAR, & INFORMATION

Leashed, friendly dogs welcome; no bus service for dogs and their walkers. For logo wear, packet pickup dates and times, parking map, and other information:

Visit [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org)  
 Email [info@kaiwicoastrun.org](mailto:info@kaiwicoastrun.org)  
 Call Patsy at 808-256-7394

### WAIVER & RELEASE:

I agree to comply with the rules, regulations and event instructions of the Kaiwi Coast Run & Walk. I am aware of and assume all risks with participating in this event. In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Hui Nalu Canoe Club, race officials, volunteers, sponsors, the City & County of Honolulu and the State of Hawaii resulting from my involvement in this event. I consent to permit emergency treatment in the event of injury or illness. I will additionally permit the free use of my name, photograph and interviews in association with this event in broadcast, telecast, advertisements, films, videotapes, webpage, social media, online results page or any reproduction thereof. I understand that the Kaiwi Coast Run & Walk offers no refund for any reason and that the Kaiwi Coast Run & Walk race officials reserve the right to refuse service to anyone for any reason.

## RACE ENTRY

Entry fee is non-refundable and non-transferable. Service fee applies to online entries.

### CHECK ONE:

#### KULA 100 EXCLUSIVE RUN PACKAGE \$160

Kula 100 includes Kula packet pickup at Scratch Kitchen 1-3 pm Saturday. Goodie bag includes race entry, souvenir fishing float, event t-shirt, special Kula shirt, and all regular entry goodies. Limited to 100 entrants. No discounts.

*Roy's*

#### EARLY ENTRY \$50 Entry through Aug. 31, 2023.

#### REGULAR ENTRY \$55 Entry from Sept. 1 to Oct 31, 2023.

#### LATE ENTRY \$60 ONLINE ONLY Entry from Nov 1 to 9, 2023. No guarantee of t-shirt.

#### PACKET PICKUP & RACE DAY ENTRY \$60 For packet pickup locations, dates, and times, go to [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org). Race Day at Awawamalu (Sandy Beach), 5:30-6:30 a.m. No guarantee of t-shirt.

**DISCOUNTS** Senior/Keiki & Military discount cannot be combined. Discounts do not apply to the Kula 100 Package

#### KEIKI & SENIORS \$10 off through race day for ages 65+ and 12 years & under

#### MILITARY ACTIVE DUTY & FAMILY \$5 off through race day.

#### HUI NALU MEMBERS & FAMILY TAKE AN EXTRA \$5 OFF BEFORE OCT 31.

Enter online at [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org)

Mailed entry: Make check or money order payable to Hui Nalu Canoe Club. Timeline Hawaii, 200 N. Vineyard Blvd. Suite A325, Honolulu, HI 96817. Mailed entry must be received by Oct. 31, 2023.

_____		<b>M F</b>	
First Name	Last Name	Sex	Date of Birth
_____		_____	
Street Address	City	State	Zip
_____		_____	
Email	Phone	<b>XS S M L XL 2XL 3XL</b>	
_____		Shirt Size (Additional \$5 for 3XL)	
_____		<b>YES NO</b>	
Emergency Contact	Emergency Contact Phone	Bringing Dog Companion	
_____		_____	
Entry Fee	+ Donation to Livable Hawaii Kai Hui	+ \$5 for 3XL Shirt	- Applicable Discounts
_____		= TOTAL \$ ENCLOSED	

**SIGNATURE** or parent's signature if under 18 years of age (I have read and understand the waiver.)

Date

All proceeds go to Hui Nalu Canoe Club, a 501(c)3 organization and are tax deductible as allowable by law.