



# Kaiwi Coast Run & Walk

The 7th Annual Kaiwi Coast Run & Walk is a community oriented journey along the famous Kaiwi Coast scenic highway to be held on Sunday, Nov 24, 2019. The event begins at 6:45 a.m. with sunrise over the Kaiwi Channel, a Hawaiian oli (chant) and the blowing of the pu (conch shell horn).

The course starts at Awawamalu (known as Sandy Beach), continues around the Kaiwi coastline, passing Halona and Hanauma Bay, and finishes at the Hui Nalu Canoe Club on the shores of Maunaloa Bay.

## SUNDAY, NOV 24, 2019 6:45 AM • ≈4 MILES

### RACE DETAILS

#### LIMITED TO THE FIRST 3,000 ENTRIES

Participants receive a souvenir miniature glass fishing float and an event t-shirt. T-Shirt size not guaranteed. Shuttle service provided from the Hawaii Kai Park & Ride to the start line, 4:45-6:00 a.m.

#### AWARDS DIVISIONS

Top 3 overall men & women and five-year age divisions from 10 and under through 85+.

#### DOGS, LOGO WEAR, & INFORMATION

Leashed, friendly dogs welcome; no bus service for dogs and their walkers. For logo wear, packet pickup dates and times, parking map, and other information:

Visit [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org)  
Email [info@kaiwicoastrun.org](mailto:info@kaiwicoastrun.org)  
Call Patsy at 808-256-7394

#### WAIVER & RELEASE:

I agree to comply with the rules, regulations and event instructions of the Kaiwi Coast Run & Walk. I am aware of and assume all risks with participating in this event. In consideration of this application being accepted, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Hui Nalu Canoe Club, race officials, volunteers, sponsors, the City & County of Honolulu and the State of Hawaii resulting from my involvement in this event. I consent to permit emergency treatment in the event of injury or illness. I will additionally permit the free use of my name, photograph and interviews in association with this event in broadcast, telecast, advertisements, films, videotapes, webpage, social media, online results page or any reproduction thereof. I understand that the Kaiwi Coast Run & Walk offers no refund for any reason and that the Kaiwi Coast Run & Walk race officials reserve the right to refuse service to anyone for any reason.

### RACE ENTRY

Entry fee is non-refundable and non-transferable. Service fee applies to online entries.

#### CHECK ONE:

##### KULA 100 EXCLUSIVE RUN PACKAGE \$150

Kula 100 includes an exclusive packet pickup at Outback Steakhouse Hawaii Kai on Saturday, Nov. 23 from 1 to 3 pm, including pupus and 2 drink tickets. Champagne brunch after the run at Roy's Hawaii Kai on Sunday 9:30 am. Kula goodie bag includes race entry, souvenir glass fishing float, event t-shirt, special Kula shirt, and all regular entry goodies. Limited to 100 entrants. No discounts apply.



##### EARLY ENTRY \$40

Entry through Aug. 31, 2019. 65+ and 12 years & under pay \$30. Enter online at [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org) or mail entry. Make check or money order payable to: Hui Nalu Canoe Club. Mail to: Time Line, P.O. Box 25566, Honolulu, HI 96825. Mailed entry must be received by Aug. 31, 2019.

##### REGULAR ENTRY \$45

Entry Sept. 1-Oct 31, 2019. 65+ and 12 years & under pay \$35. Enter online at [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org) or mail entry. Mailed entry must be received by Oct 31, 2019. Make check or money order payable to: Hui Nalu Canoe Club. Mail to: Time Line, P.O. Box 25566, Honolulu, HI 96825.

##### LATE ENTRY \$50 ONLINE ONLY

Nov 1-15, 2019. 65+ and 12 years & under pay \$40. Online only at [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org) by midnight Nov 15, 2018. No guarantee of t-shirt.

##### PACKET PICKUP & RACE DAY ENTRY \$60

For packet pickup locations, dates, and times, go to [www.kaiwicoastrun.org](http://www.kaiwicoastrun.org). Race Day at Awawamalu (Sandy Beach), 5:30-6:30 a.m. 65+ and 12 years & under pay \$50. No guarantee of t-shirt.

#### DISCOUNTS (check all applicable) Discounts do not apply to the Kula 100 package.

**ACTIVE DUTY MILITARY** - \$5 off through race day. Does not apply to keiki, senior, Kula or Hui Nalu entries.

**HUI NALU CLUB MEMBERS & FAMILY** - \$5 off through Oct 31, 2019 Must have 2019 dues paid in full.

First Name _____		Last Name _____		M F Sex _____		Date of Birth _____	
Street Address _____		City _____		State _____		Zip _____	
Email _____		Phone _____		XS S M L XL 2XL 3XL Shirt Size (Additional \$5 for 3XL)			
Emergency Contact _____		Emergency Contact Phone _____		YES NO Bringing Dog Companion			
Entry Fee _____	+ Donation to Livable Hawaii Kai Hui _____	+ \$5 for 3XL Shirt _____	- Applicable Discounts _____	= TOTAL \$ ENCLOSED _____			

**SIGNATURE** or parent's signature if under 18 years of age (I have read and understand the waiver.) \_\_\_\_\_ Date \_\_\_\_\_

All proceeds go to Hui Nalu Canoe Club, a 501(c)3 organization and are tax deductible as allowable by law.